

Supplement Facts

Serving Size: 1 sachet (6 grams)

Servings Per Container: 30

Calories 10

Calories from Fat 0

	Amount Per Serving	%Daily Value*
Total Carbohydrates	4g	1%
Dietary Fiber	4g	16%
Sugars	0g	†
Vitamin B6	40mg	2000%
Calcium (as Calcium AAC)	32mg	3%
Magnesium (as Magnesium ACC)	26mg	7%
Proprietary Blend	4.1g	†
Fibersol 2 [®] , 5-HTP, Pharma Gaba [®] , Chamomile Extract, L-Glutamine, Suntheanine [®] , Aloe 200x, Melatonin		

*Percent Daily Value based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily value not established

Other Ingredients: Digestive Resistant Maltodextrin, Citric Acid, Natural Flavor, Stevia Extract

Statements hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.